# **PROGRAM DESCRIPTIONS**



United Way supports over 25 programs in 3 pillars Health, Education and Financial Stability.

In addition, United Way funds the Mental Health Initiative and Imagination Library.



# **AMERICAN RED CROSS OF SOUTHEAST WISCONSIN**

<u>DISASTER SERVICES:</u> The program brings essentials to families who lose everything after home fires, sustains the blood supply and supports community CPR/First Aid training.



## **BIG BROTHERS BIG SISTERS OF WASHINGTON COUNTY**

<u>MATCHING AND MENTORING:</u> The program supports mentoring services by making meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles").



#### **BOYS & GIRLS CLUB WASHINGTON COUNTY**

<u>ACADEMIC SUCCESS PROGRAM:</u> Assures youth have support to thrive academically. The program reserves time to focus solely on academics each school day. In summer, youth participate in programs designed to support academic skill retention.

<u>STEAM:</u> Provides youth the opportunity to engage in programs and activities to expand their knowledge, improve their skills, and discover opportunities that STEAM can provide in their future.



### **CASA GUADALUPE EDUCATION CENTER**

<u>BILINGUAL WORKFORCE / ADULT ENGLISH LANGUAGE LEARNER PROGRAM</u>: English classes for adults are taught in West Bend and Hartford. Attendees who continue to improve their English language skills will be able to communicate in their communities with more ease and will have more opportunities for raises and higher paying jobs.

DREAM TO SUCCEED: The program works with Latino middle and high school students, aiming to ensure they are college, career, and life ready.

<u>HEALTHY LATINOS, HEALTHY FUTURES:</u> Health initiatives are aimed to empower the Spanish speaking, Latino community to make healthier lifestyle choices in the areas of nutrition, physical activity, mental wellness, and prevention and management of chronic conditions.

<u>READ TO SUCCEED:</u> The program meets with groups of Hispanic elementary school children and assist the children with their homework, with an emphasis on reading and English literacy.



### **EASTER SEALS SOUTHEAST WISCONSIN**

<u>INDIVIDUAL PLACEMENT AND SUPPORT:</u> The program is a model of supported employment that helps people with mental illness work at regular jobs of their choosing.



#### **ELEVATE. INC.**

<u>ATODA PREVENTION:</u> The program reduces youth substance use by providing evidence-based strategies to increase youth knowledge regarding alcohol and other drugs, improving their life skills and building a positive peer support system.

<u>HEROIN TASK FORCE:</u> This is a coalition that reduces the rates of substance abuse by assisting individuals with an addiction enter recovery and assisting affected family members help their loved ones and improve the quality of their lives.



# FAMILY PROMISE OF WASHINGTON COUNTY

<u>HOMELESS SERVICES</u>: The program provides food, shelter, and financial stability to the community's least fortunate members. The program manages and combats chronic unemployment, financial illiteracy, and homelessness.



#### **FAMILY SERVICE ASSOCIATION**

<u>BUDGET & CREDIT COUNSELING:</u> The program provides budget and credit counseling and education to help individuals and families achieve financial stability and improve their quality of life.



### FORWARD CAREERS, INC.

<u>INDEPENDENT LIVING</u>: The program is designed to assist young adults aging out of foster/out-of-homecare with their transition to adulthood by providing services to develop independent living skills in various aspects of their lives.



# FRIENDS, INC.

<u>SAFE HOUSING SERVICES:</u> The program enables clients to live and receive comprehensive supportive services for up to 12 months. Staff and participants create an action plan that includes strategies designed to increase participants' capacity to transition into permanent housing successfully.

<u>VIOLENCE PREVENTION EDUCATION PROGRAM:</u> The program teaches students respect and positive protective behaviors, differences between healthy and unhealthy relationships, what constitutes sexual assault, sexual harassment, abuse, and use of technology in sexual misconduct and illegal actions.



### **FULL SHELF FOOD PANTRY**

Provide food to any low-income resident in Washington County. Clients receive food once a month and can come weekly for bread/milk/fresh fruit or vegetables.



# INTERFAITH CAREGIVERS OF WASHINGTON COUNTY

<u>HEALTHY AGING IN PLACE</u>: Connecting seniors with caring volunteers, to ensure that seniors "aging in place" have access to necessary healthcare, food, wellness and companionship services to keep them safe, healthy and independent.

<u>H.E.L.P. CORNER:</u> The health equipment lending program is a collaboration of community partners providing residents with access to needed durable home medical equipment.



### **KETTLE MORAINE YMCA**

<u>DIABETES PREVENTION PROGRAM</u>: This small-group program helps people with prediabetes eat healthier, increase their physical activity and weight loss, which can delay or even prevent the onset of type 2 diabetes.

<u>NATURE BASED 4K EDUCATION:</u> 4K students are immersed in the natural world and have a classroom that extends far beyond four walls, spending 75% of their time outdoors.



#### **LAKESHORE COMMUNITY HEALTH CARE**

<u>CONTINUITY OF CARE:</u> Provides free healthcare to qualifying, uninsured individuals in Washington County. The program treats chronic and acute conditions and coordinates specialty care and behavioral health counseling as needed.



# LAKESHORE REGIONAL CHILD ADVOCACY CENTER

<u>FORENSIC INTERVIEWS</u>: The program provides forensic interviews and other resources to children and vulnerable adults who may have been a victim or witness to a crime at a safe, neutral, and family-friendly location.



#### NAMI OF WASHINGTON COUNTY

ART THERAPY: Art Therapy program directly benefits veterans, adults, and youth living with mental health conditions through art.

<u>YOUTH & YOUNG ADULT MENTAL HEALTH:</u> The program focus is on mental health support and education. Support groups, education, and art therapy encourage resiliency, recovery, and a stigma-free community so participants can live their best lives.



#### SENIOR CITIZENS ACTIVITIES INC.

<u>SENIOR ACTIVITIES FOR BETTER HEALTH & WELLNESS:</u> Helps people stay confident and independent as they age. Includes exercises to challenge the body and mind, and cardio. Coordination, balance, strength and mobility are topics covered.



#### THE THRESHOLD INCORPORATED

<u>ACHIEVE EMPLOYMENT:</u> The programs works with clients through a virtual setting to interact directly with the equipment needed for the job as part of career exploration.

<u>BIRTH TO 3:</u> Provide services to children under three falling behind in typical development. Services increase skills in all developmental areas and assist families in transitioning to appropriate services when they discharge.

<u>PROJECT SEARCH:</u> Internship opportunity providing job experience and training with a classroom component to build skills needed for competitive integrated employment.



# YOUTH & FAMILY PROJECT, INC.

<u>CROSSROADS YOUTH PROGRAM:</u> Provides free, short-term counseling and advocacy to school-aged youth to reduce risk of running away. Services promote permanent supportive relationships and increase heathy coping strategies.

<u>FAMILY CORNER</u>: The program provides a home-like environment for supervised visitation with trained staff who safeguard healthy contact between children and non-custodial parents.



### MENTAL HEALTH INITIATIVE

<u>CATHOLIC CHARITIES OF THE ARCHDIOCESE OF MILWAUKEE:</u> The initiative provides unmet needs for mental health services for youth and families.

<u>YOUTH & FAMILY PROJECT, INC:</u> Provides mental health counseling services for school-aged youth who are insured by Medicaid. Services promote wellness and increase youth ability to cope with stress.



#### **IMAGINATION LIBRARY**

Providing registered Washington County children under age five with a free book in the mail per month.